

**Company Name
New Admission Packet**

Patient Name: **MR#**
Infection Control

The following instructions will help control the spread of infection and protect others from illness and/or injury.

Hand washing:

Hand washing is the single most effective technique in the prevention of the spread of disease and infection. Hands should be washed thoroughly with soap and water before and after eating or food preparation, after using the bathroom, before and after performing medical procedures and immediately following contact with blood or other potentially infectious materials.

Disposal of Medical Waste:

Used, disposable supplies such as diapers, incontinence pad, non-blood saturated dressings, IV tubing and gloves should be placed in a heavy-duty plastic bag and securely fastened at the top to close. If a heavy-duty bag is not available, the items should be double-bagged and disposed of with the client's regular garbage.

Items heavily contaminated with blood or body fluids contaminated with blood should be placed in a leak-proof heavy duty bag or tied securely at the neck and double-bagged. All bags should be appropriately labeled as biohazardous or color-coded and securely colored prior to removal from the home. The nurse will transport to the office or arrange for pick-up by a biohazardous waste disposal company.

Liquids such as betadine and irrigating solutions may be flushed down the toilet.

Sharp items including hypodermic needles and syringes, scalpel blades, razor blades, disposable razors, lancets, scissors, knives, staples, IV stylets and rigid introducers are placed directly in a hard plastic or metal container with a screw-on or tightly secured lid. The lid should be reinforced with heavy-duty tape prior to discarding in regular trash. Sharps are not to be placed in any container planned for recycling or to be returned to a store. Glass or clear plastic containers are not to be used.

Used needles and syringes should not be recapped, bent or removed from disposable syringes or manipulated by hand.

Sanitation in the Home:

Linens soiled with infectious wastes should be placed directly into the washer and prewashed with cool water and 1 cup bleach.

Dishes should be washed in a dishwasher or soaked and cleaned in hot, soapy water.